

A Recharge For Your Relationship.

Do you feel you need a relationship recharge? Maybe a day away from kids to focus on the two of you? A Couples' Saturday Workshop is a great opportunity for couples to learn practical skills in communication and conflict resolution while taking a break.

The Prevention and Relationship Enhancement Program (PREP) is a research-based approach to teaching couples how to communicate effectively so each feels understood by the other. Couples learn how to work as a team to solve problems, to manage conflict without damaging closeness, and to preserve and enhance love, commitment and friendship. Couples increase their skills, working with only each other. You will not have to share about your relationship in a group setting.

FamilyConnection
South Carolina

Contact Family Connection of South Carolina

2712 Middleburg Dr.

Suite 103-B

Columbia SC 29204

Phone: 800-578-8750

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FamilyConnection
South Carolina
presents

A Couples' Saturday Workshop

Married for 19 years, WC and Catherine Hoecke were thrilled to finally find marriage material that provided practical skills in communication and conflict resolution. "Ten years ago, we were stressed and felt we were growing apart. Little decisions related to our child with special needs seemed to spark huge confrontations. We now find ourselves fighting for our marriage and encouraging others to do the same."



Call 1-800-578-8750

**Registration Deadlines:
One week prior
to events.**

When it comes to loving the most important people in your life, there's always more to learn.

To register call:

March 13,

Columbia

803-252-0914, Susan

March 27,

Anderson

864-231-8100, Michelle

May 15,

Greenville

864-231-8100, Michelle

May 22,

Spartanburg

864-231-8100, Michelle

May 29,

Rock Hill

803-366-4839, Yolanda

What Couples Said About the Last Workshop

- ◆ "This workshop is absolutely great stuff."
- ◆ "The authentic situations in videos and practice sessions for couples were really helpful."
- ◆ "Learning how to discuss and solve problems and learning the techniques for communication helped us to tackle issues without all the misunderstanding."
- ◆ "I really feel as though I understand my spouse in areas I haven't before."

Cost

Workshop includes book, workbooks, and Saturday lunch

\$98

Scholarships

Information on caregiver (respite) or couple scholarships are available through the generous support of a Friend of Family Connection.

Please ask when you call.

Registration is limited and on a first-come, first-served basis, so register as soon as possible.

Workshop Schedule Saturday

9:00 -12:00 Workshop

Welcome, Fathers perspective, danger signs, time out, goals, expectations, safety, structure, communication, introduction to speaker/listener

12:00-12:30 Catered Lunch

12:30 -6:00 pm Workshop

Filters, negative communication, practice S/L, issues and events, problem solving, expectations, fun, friendship, sensuality and sexuality, forgiveness, commitment, ground rules.

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This PREP™ workshop has **specifically** been redesigned for couples who have children with special needs.